

# 2024 FALL FORAY PACKING LIST

## FORAGING

**LAYERS** - Weather is unpredictable, bringing layers is highly recommended to ensure your comfort. Light-weight long sleeves and pants are also recommended as protection from scratches and scrapes!

**APPROPRIATE FOOTWEAR** - Both for your safety and freedom of movement, wear shoes with appropriate tread.

**SUN & BUG PROTECTION** - Hats, sunglasses, sunscreen and bug repellent are recommended, as well as light-weight long sleeves/pants.

**TOOLS** - **Bag:** Mesh bags, canvas bags (waxed or unwaxed), paper bags (waxed or unwaxed), and baskets are great. We discourage plastic bags, as to not suffocate your mushrooms. **Brush:** Mushrooms release moisture once they've been picked, so cleaning off dirt in the field will help you avoid a muddy mess in your bag. Brushes made for mushroom cleaning or soft "chip" paint brushes are recommended. Toothbrushes, or anything with tougher/less flexible bristles are too rough for most mushrooms. **Knife:** We recommend folding knives, straight knives shorter than 6", or utility knives. Though we recommend pulling mushrooms for newcomers to learn identification, knives are used for bisecting and cleaning up mushrooms in the field.

### **SAFETY TOOLS** - Communication

**Device(s):** Make sure your phone is charged for safety and general communication. Some foray leaders have walkie talkies, so if you have one, bring it! **Whistle:** If you have an emergency whistle (either your own or from a past MSU foray), bring it! **Compass/map:** You can never be too safe when you're out in the wilderness. Downloading the area you're in on your phone's map app is always a good idea when you're going out of service.

## CAMPING

We are renting a nearby field for tents & trailers alike if you would like to camp nearby with the group.

BLM land is also available for camping not too far up the canyon, and there are of course many RV and campgrounds further up Mirror Lake Highway. Either way, just make sure to get a **recreation pass** from the ranger's station if you're headed up the mountain!

**Bring whatever it is that you love to have while camping, tents and trailers can be accommodated both in the camping field and up the mountain.**

## FOOD

### **BREAKFAST** - Saturday

We'll have coffee and light bites Saturday morning, but you may want to bring something more substantial for yourself before heading out on forays.

On Sunday morning, we'll be going to a diner as a group. If you won't be joining us, plan your breakfast for a second morning!

### **LUNCH** - Saturday & Sunday

There are plenty of restaurants within 10 minutes from the Fall Foray if you aren't feeling up to packing meals!

### **DINNER** - Potluck Dish

We'll be hosting potlucks for dinners on both Friday and Saturday. The Culinary Committee will be making some dishes, but we ask that you bring a dish (or two) if you are able!

We also recommend bringing your own dish/flatware to eat with at the potlucks to reduce waste.

### **DRINKS & SNACKS**

Hydration and fuel are especially important when outdoors—please plan accordingly!